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**SESAME STREET**

# recipes

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## Baby Bear's Family Applesauce



**Prep Time:**  
20 min



**Cook Time:**  
30 min



**Makes:**  
2 ½ cups

### Ingredients:

- 7 apples, cut in quarters
- ½ cup water
- ¼ cup sugar
- 1 tbsp cinnamon

At Hanukkah time, Baby Bear and his family make applesauce to serve with latkes (potato pancakes). Here's how you can make this tasty holiday treat!

### Directions:

#### Step 1:

Wash apples and cut into quarters. Apples can be peeled, but that means less fiber!

#### Step 2:

Combine apples and water in saucepan. Heat to a boil. Turn heat to low as soon as the water boils.

#### Step 3:

Simmer over low heat for 15 to 20 minutes or until apples are tender. Stir occasionally to prevent sticking.





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**Step 4:**

Stir in sugar. Heat until sugar is dissolved.

**Step 5:**

Stir in cinnamon before serving, then enjoy this holiday treat!