

CONGRATULATIONS

FOR

Cookie
Monster

Signature

Date



While we adjust to our new normal, it's likely many of us are staying at home. Don't lose sight of what children are accomplishing while at home! Recognize your little one's achievements, big and small, like...

- Using the potty
- Remembering to wash their hands
- Remembering to sneeze or cough into their elbow
- Reading a book
- Trying a new food
- Learning and practicing a new skill
- Creating something new, such as drawing a picture or writing a story
- Helping in the kitchen
- Completing a chore
- Finishing school work
- Going to bed on time
- Dressing themselves
- Using their words when there's a problem
- Saying something kind to others
- Helping without being asked
- Using "please" and "thank you"

Your achievements are just as important as your child's! Congratulate yourself as well for your own achievements, such as...

- Going for a walk
- Remembering to drink water
- Washing your hair
- Responding to emails
- Helping children complete school work
- Cooking something new
- Baking something fun
- Starting a book you've always wanted to read
- Doing something creative
- Finishing a new series
- Putting on non-pajama-pants