SESAME STREET

Crafts

Save a tree!
Load this recipe into your e-reader!

Shake It Up

Materials:

- Cardboard Tube
- Glue
- Wax Paper
- Scissors
- Crayons or markers
- Rubber Bands
- Seeds
- Craft Supplies

Talk About It:

Rockin' Recyclables

Reusing household items is a great way to reduce waste. Explain to your child, "To reuse means to use again and again." Think about household items, like a milk carton or an empty egg carton. You and your child can fill them with uncooked rice, popcorn kernels, or dry beans to make a different kind of instrument! Now, get ready to make some music!

Make it:

Step 1: Things You'll Need
Collect the items on the material list.
Little Hands Tip: Take turns making silly noises.

Step 2: Think Twice Before Tossing
When you are finished using a roll of paper towels, save the paper tube instead of throwing it away. Cut construction paper to fit around the paper tube.

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Step 3: Jazz It Up
Give your child crayons or markers to decorate the construction paper you cut to fit the paper tube.
Little Hands Tip: Name the crayon and marker colors as you use them.

Step 4: Get Creative
Go wild! Use craft materials to create fun designs and patterns.

Step 5: Glue It
Place glue on the cardboard tube.

Step 6: Cut It Out
Cut two pieces of wax paper in the shape of circles to cover the bottom of the cardboard tube.

Step 7: Rap While You Wrap
Wrap one end of the tube with one of the cut pieces of wax paper and secure it with a rubber band or piece of tape.
Little Hands Tip: Think of words that rhyme with "wrap".

Step 8: Add a Little Shake, Rattle, and Roll
Put either a small amount of uncooked rice, popcorn kernels, or dry beans into the open end of the tube.

Step 9: Once More With Feeling!
Repeat step 8 with the open end of the cardboard tube.

Step 10: Get Your Groove On
Now, shake it! Ask your child to shake her new instrument to create rhythms or follow along with a familiar song.
Little Hands Tip: Don't forget to move to the beat! Dance around to the music.

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